Term 2 is quickly coming to a close. We are starting to receive some payments for camp next term. Parents are more than welcome to make part payments each week leading up to camp in Week 9 Term 3.

A lot of notes have been coming home of late. Please remember to ask your child/ren if they have any notes in their bags for you. As the calendar on the right shows, we still have a few events before the term closes.

Don’t forget that next Monday is the Queen’s Birthday public holiday. School will be closed. I hope all families are able to do something enjoyable out in the lovely sunshine in this cooler weather.

A reminder to all parents/carers that teachers are not on duty until 8:30am each morning and there is no supervision before this time for students that arrive early. Also as the cooler weather has started and it can often be colder here at school due to our location, please ensure that your child/ren have a warm school jumper in their bags. We still have some second hand jumpers available for purchase in the office. Multi coloured jumpers are not part of school uniform.

I have just entered CPS into this year’s Premier’s Spelling Bee. Early next term we will be running our school spelling bee. I will be looking for two students from Stage 2 and two students from Stage 3 to enter into the regional final.

We wish Milly all the best for tomorrow, 5 June when she competes in the North Coast Cross Country Carnival in Kempsey.

Have a wonderful long weekend!

Anna Starcevic
Principal

UPCOMING EVENTS

JUNE

Thursday 4
• Tooty Fruity – Lisa on roster

Monday 8
• Queen’s Birthday - public holiday

Thursday 11
• Tweed Valley Jazz Club Workshop @ Condong Bowls Club Yr 3-6 10am-12pm
• NO TOOTY FRUITY

Friday 12
• TRHS Year 6 English Taster Day

Thursday 18
• Launch Into Life Yr 5 & 6 @ Griffith Uni
• NO TOOTY FRUITY

Tuesday 23
• Yr 4, 5 & 6 NAIDOC Day Camp Out @ Fingal Head Public School

Wednesday 24
• NAIDOC Day @ Fingal Head PS all students

CYBERSMART – SMART NET SURFING FOR KIDS AND THEIR GROWN UPS

Some tips to help your kids make the most of the internet – safely!

• Help your kids use the Internet as an effective research tool
  Learn about handy homework tips for kids and also good searching ideas.

• Teach children that information on the Internet is not always reliable
  If it sounds too good to be true it probably is!

For more information visit: www.cybersmartkids.com.au

More tips to follow in next week’s newsletter.
ATTENDANCE
Attendance and absences
Parents of children from Kindergarten to Year 12 have a responsibility to make sure their children attend school every day. On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- Being sick, or having an infectious disease
- Having an unavoidable medical appointment
- Being required to attend a recognised religious holiday
- Exceptional or urgent family circumstances e.g. attending a funeral

Parents are required to provide an explanation for absences to the school within 7 days from the first day of any period of absence. Parents can contact the school by telephone, written note, text message or email. Where an explanation has not been received within the 7 day time frame, the school will record the absence as unjustified on your child's record.

If a student misses as little as 8 days in a school term, by the end of primary school they’ll have missed over a year of school.

BRISBANE EXCURSION
Permission notes for the Brisbane excursion have gone home with the newsletter. Please return with your $50.00 deposit as soon as possible. More information and a medical information form will go out closer to the date.

NAIDOC DAY
Notes and payment for NAIDOC day pizza order need to be in by Tuesday 9 June. We have been instructed that no late orders will be accepted so to avoid disappointment please send them in if you wish to order.

YEAR 3 – 6 ASSIGNMENT
A reminder to all Year 3 to 6 students that the HSIE assignment is due next Tuesday, 9 June. I have had some fantastic question regarding the assignment from some students. Thank you to those families that have signed and returned there acknowledgment of the assignment slips. I look forward to seeing them next Tuesday.

Miss Elliott

TOOTY FRUITY
There will be no Tooty Fruity on Thursday 11 & 18 June as quite a few students are out of the school at various events.

<table>
<thead>
<tr>
<th>Date</th>
<th>TOOTY FRUITY ROSTER</th>
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<tbody>
<tr>
<td>11 June</td>
<td>No Tooty Fruity – Yr 3-6 @ Jazz workshop</td>
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<tr>
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Tooty Fruity Roster

11 June

No Tooty Fruity – Yr 3-6 @ Jazz workshop

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10 best phrases to teach resilience to your kids

1. **Goal: Humour**
   - Phrase: “Come on, laugh it off”

2. **Goal: Contain thinking, perfectionism and anxiety**
   - Phrase: “Don’t let this spoil everything”

3. **Goal: Distraction**
   - Phrase: “Let’s take a break”

4. **Goal: Handling worry and asking for help**
   - Phrase: “Who have you spoken to about this?”

5. **Goal: Offering hope**
   - Phrase: “I know it looks bad now but you will get through this”

6. **Goal: Positive reframing**
   - Phrase: “What can you learn from this so it doesn’t happen next time?”

7. **Goal: Acceptance**
   - Phrase: “Don’t worry – relax and see what happens!”

8. **Goal: Perspective**
   - Phrase: “This isn’t the end of the world”

9. **Goal: Flexible thinking**
   - Phrase: “You could be right. But have you thought about…”

10. **Goal: Taking action**
    - Phrase: “What can we do about this?”