Welcome back to all of our families. I hope you had a wonderful and relaxing holiday! We have had a very busy start to the term. 

Highlights ahead for the term ahead are:

- Life Education
- Cross Country at Stokers Siding PS
- ANZAC Day march
- Swimming Scheme Yrs 3-6
- NAPLAN
- TRHS taster days for Yr 6 kids
- Semester 1 reports

We are so grateful to Lyn Mitchell and her team down at Tutor Publishing at Tweed Heads, for kindly donating 4 new iPads to the school. Lyn heard our bad news at the end of last term regarding the stolen iPads. She is a strong supporter of small schools and really felt for our kids. How lucky are we to have such caring and giving community members around us!

Last term we held our P & C Annual General Meeting. The newly elected committee members are:

**President:** Tania Brown
**Vice President:** Melanie Sims
**Secretary:** Helen Tunks
**Treasurer:** Lisa Green

Thank you to all of those parents who were able to attend the meeting. A reminder that our monthly meetings are held on the first Thursday of each month, beginning at 2:45pm, under the shade shelter. All parents/carers and community members are welcome at any time. If you have concerns or grievances about your child, these meetings are not the correct forum in which to discuss them.

Chess Club will be beginning in Week 3. It will be held on Tuesdays at lunchtime in the library. I received 7 expressions of interest back, which was great! Any other kids who wish to join are most welcome. We will start at the very beginning so anyone can come. If any families have a complete chess set that they can donate to the school, it will be greatly appreciated. If you do, please send in as soon as possible. Any parents/carers who wish to join in, or help out during chess club are also very welcome.

The office now has a payments box attached to Mrs Flaherty’s desk. Any notes or monies coming in must be in a sealed and clearly labelled envelope. Please remind your child/ren to put notes or payments in this box if Mrs Flaherty is not in the office or if she is busy.

Anna Starcevic
Principal

**UPCOMING EVENTS**

**APRIL**

- **Friday 24**
  - Cross Country @ Stokers Siding PS

- **Monday 27 April to Friday 1 May**
  - Intensive Swimming Program Yr 3-6

- **Thursday 30**
  - NO TOOTY FRUITY (due to half students being at Intensive Swimming program)

**MAY**

- **Thursday 7**
  - Tooty Fruity helper needed

- **Tuesday 12, Wednesday 13 & Thursday 14**
  - Naplan - Years 3 & 5

**Reminder**

Intensive Swimming for Yr 3-6 kids starts on Monday. Please ensure your child has their swimmers, towel and goggles in their bag. A swimming cap is a good idea also.
POLICE VISIT
On Wednesday 1 April we had a visit from Senior Constable Mark Harrison who is the area’s Youth Liaison Officer. He spoke to the students about crime prevention and working with the police to keep ourselves and our school community safe. Mark will be back again later in the year to talk about cyber safety with the students.

MATHS OLYMPIAD
On the 17 April eight students from Years 5 & 6 attended the Maths Olympiad at Tweed River High School. Our two amazing Carool teams were the Freezing Phoenixes (Jordan, Millie, Kiahn and Lucas) and the Flaming Squirrels (Brendan, Charlie, Allira and Kealey)! The first thing we did was solving maths problems. A couple of times we were sure we answered some correctly, but they were turned down. The second stage was stations where we ran around solving things. We even got to build a bridge and a cup pyramid! The third stage we were shown how to make an origami frog. Then with our origami frog we raced other teams and winners won chocolate eggs. Millie from the Freezing Phoenixes won this event. At the end of the day the Flaming Squirrels came 5th and the Freezing Phoenixes came 4th out of seven teams entered. It was a great and challenging day for us all.
By Charlie, Brendan, Lucas and Kealey

MUFTI DAY FUNDRAISER
A mufti day fundraiser was held on the last day of Term 1, to raise funds for the Australian Red Cross appeal to support relief efforts in Vanuatu following the devastation of Cyclone Pam. We raised $46.00 from gold coin donations plus an extra donation of $15.00 from Lisa Green for a total of $61.00. Thank you for your support for this worthy cause.

ABSENCES
Parents/carers are reminded to send in a note within seven days of your child being away explaining the absence.

THANK YOU MORNING TEA
Yesterday we held a special morning tea to say thank you to Tutor Publishing who presented our school with four new iPad Airs to replace the ones stolen last term. The Tweed Daily News came to capture this special presentation and the article will be in the paper on Saturday 25 April on page 2.

K-2 COOKING
This week students in K-2 had fun cooking some delicious ANZAC biscuits with Miss Edwards. This activity helps to teach students to write and follow a procedure.

SPORTS DAY
Remember that sports day is now on Fridays. Please ensure you child wears their sports uniform with joggers/sports shoes and their hat.
DENTAL CHECK UPS FOR KINDER STUDENTS
Kindergarten students were all smiles when they had their teeth checked by staff from the Tweed Heads Dental Health Clinic.

All of the K-2 class were then given a talk on looking after their teeth and proper brushing techniques.

Parents are reminded that free dental care is available to all children under the age of 18.

NEW BUCKET HATS
We now have in stock bucket hats for sale for $10.00. These provide proper sun protection for the ears and back of the neck and are in line with our ‘Sun safe’ policy. See Mrs Flaherty in the office if you wish to purchase one.

BOOK CLUB
The latest Book Club catalogues have gone home with the newsletter today. All orders are due back by 8 May. Remember you can order and pay with your credit card using the Linked Online Ordering & Payment system (LOOP). Go to scholastic.com.au/LOOP.

CRUNCH&SIP SNIPPETS
Here is another snippet from the Crunch&Sip program....

Did you know the smaller the pod of the snow pea the sweeter it will taste? Snow peas can be washed and eaten raw so pop them in your child’s bag for Crunch & Sip.

TOOTY FRUITY

<table>
<thead>
<tr>
<th>Date</th>
<th>Name</th>
<th>What’s on the menu?</th>
</tr>
</thead>
<tbody>
<tr>
<td>30 April</td>
<td>No Tooty Fruity</td>
<td>Intensive Swimming Program</td>
</tr>
<tr>
<td>7 May</td>
<td>Mel</td>
<td>To be advised</td>
</tr>
<tr>
<td>14 May</td>
<td>Helpers Needed</td>
<td></td>
</tr>
</tbody>
</table>

There will be no Tooty Fruity on Thursday 30 April due to a large number of student participation in the Intensive swimming program.

Any parents/carers/grandparents etc wishing to come in and cook for Tooty Fruity please contact the office to put your name on the roster.

Eliza & Marley wearing the new school hat.

The Northern NSW Local Health District would like to remind parents and carers that the Child Oral Health Service offers **FREE dental care to ALL children under 18**.

Oral health is essential for health and wellbeing.

- It is recommended that children have regular dental checkups starting at 1 year of age.
- Regular dental checkups can prevent minor problems becoming major ones and prevent unnecessary pain and distress.
- Dental visits can be fun for kids, treat these visits as normal, routine events so as not to develop fear.
FROM THE COMMUNITY

The simplest way
...to work out how much fruit + veg you need.

Eating two serves of fruit and five serves of vegetables every day will help keep you and your kids healthy. But what does a serve look like?

A serve of fruit is 150 grams or:
- 1 medium fruit (apple/banana) or
- 1 ½ tablespoons dried fruit (apricots/sultanas) or
- 1 cup of chopped or canned fruit (fruit salad)

A serve of veg is 75 grams or:
- ½ cup of cooked veg or
- ½ medium potato or
- 1 cup of salad

Pack fruit and veg every day for school lunches – every bit counts towards your child’s daily total – plus healthy food gives them extra strength to concentrate longer.

For more information visit
www.eatittoeatit.com.au
or join us at facebook.com/eatittoeatit

Nutrition Snippet

Dragons Abreast Mt Warning
Lifestyle & Wellbeing Expo

Saturday 2nd May 2015
9.30am to 3.30pm
Murwillumbah Civic Centre,
Tumbulgum Road, Murwillumbah

Entry: Gold coin donation.

Meet Local Wellbeing Practitioners

Fun for the Whole Family

Variety of healthy foods for sale

Meet local interest groups of the Tweed

Enquiries: Anne Bowden 0428 446 482
Come, discover that new you just around the corner
DEAR EDITOR,

In recognition of our recent "Seniors Week" (Saturday 11th to Sunday 22nd March), Tweed Shire Council distributed a comprehensive list of activities (almost 100). Where to go? To difficult decisions, particularly with my advancing years & limited mobility?

One entry on the list, in particular, caught my attention: "Friday 20th March - Carool Public School Assembly & Morning Tea to celebrate Seniors Week & Harmony Day."

In my 80s years as a resident of our magnificent city, I had only once ventured "off the beaten track" out along Carool Road - many years ago. Now here was an opportunity to relive that experience & share it with my son who now resides with me.

The Carool Public School is a "hidden treasure" - just 2 or 3 teachers & about 2 dozen pupils. They treated us to a charming welcome & presentation, followed by a sumptuous morning tea (country style of course) - cheerful meetings & greetings with family members & friends.

On behalf of my son & myself, I would like to congratulate all of those responsible for an absolutely delightful, charming & memorable experience.

Thank you.

Vic Sparks.
Nobby's Creek.

V. Sparks